



LOUD MOUTH



INTERVIEWS WORK IT!

Lauren Maillian Bias Shares Beauty Advice From The Top

*About the WORK IT! Series: We've asked exceptionally accomplished women to reveal how to create a look as impressive as your resume. Read our exclusive interview with **Lauren Maillian Bias**, bestselling author of *The Path Redefined* and most importantly mom of two. Follow her journey on Instagram [@laurenmbias](#)*

LAUREN MAILLIAN



****What's your beauty advice for young women launching into the work world?***

The best beauty advice that I can give young women who are launching into the business world is similar to the advice I'd give on how to carry yourself — exude confidence, be unique, and accentuate the features that make you you. Let your beauty 'trademark' highlight something that only you possess, then rock it proudly and shine bright! On a more practical note, don't go overboard on any particular trend whether it's eyeshadow, blush, liners, or lipstick. Show that you know how to tastefully apply trends in a professional environment and that you're stylish but versatile. Simply put, just because the **smokey cat-eye** is making a comeback doesn't mean that it's appropriate for your corporate presentation or interview. Show that you understand that there is a time and place for trends, that you know how to use them to showcase your personality, that you're a renaissance woman who can flawlessly carry off anything, and that you know when a trend just isn't appropriate.

****Describe your own 'sure-thing' beauty look at work:***

My 'sure-thing' beauty look for work is actually two fold — bold statement lipstick (always Tom Ford) or **Bobbi Brown's Perfectly Defined Gel Eye Liner in Pitch Black**, and then a mandatory concealer (**Mac Cosmetics Studio Finish concealer in NC45**)! They give me a pop of definition and help me show my edgier side but in a subtle way. The concealer is just a must-do under any circumstances. I have these dreadful hereditary dark circles from my dad's side of the family and even though I'm uber confident, I'm easily annoyed at people asking me if I'm tired. I like to look as vibrant as I feel! Bold lipstick gives definition, livens up my look and gives a "pow!" factor. (I just can't get that from gloss because my lips are naturally pouty and brown so, without a pigmented lipstick, this beautiful feature gets lost.) The same goes for my eyes. I have these big almond shaped brown eyes that deserve to be accentuated with dark black liner (top and bottom of my eyelids). The liner creates contrast to the other features of my face. I'm really expressive with my eyes, and I want to make sure they're a focal point! If you can read what my eyes are saying, then, you're halfway in my head.

LAUREN MAILLIAN



****Who's your beauty inspiration?***

I'm inspired by Jane Fonda in so many ways! From how she looks today at seventy-seven years old, to her sense of style and consistent edge, to her commitment to health, wellness and fitness. Jane's level of self care shines through even in her seventies! That type of beauty is really the only kind that inspires me — one that's never overdone, but always done with class and style. I'm all for maintaining and preserving what we have so that we age gracefully and Jane Fonda does just that!

LAUREN MAILLIAN